



Place	Bib	Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	Yards
1	16	AMIRUL TUAH	55:47.8	55:24.1	55:27.8	54:19.7	53:56.7	55:18.3	53:58.0	53:48.1	53:35.4	50:37.2	53:21.4	51:54.1	51:57.4	51:33.3	52:59.6	53:51.1	52:36.6	53:58.5	55:42.3	19
0	21	AJMAL AZMAN	53:59.3	55:26.8	52:19.5	55:31.0	52:49.0	51:01.9	54:30.9	54:34.3	54:43.4	55:31.8	54:24.0	55:19.9	54:58.1	54:13.9	54:38.2	53:58.7	51:37.3	54:38.3	-	18
0	28	HADRIE MORSIDI	53:49.1	53:17.6	50:31.7	49:47.0	47:14.5	53:30.3	47:26.9	50:40.9	52:38.2	49:27.9	47:08.5	47:27.1	49:34.9	50:27.4	51:44.8	53:32.5	-	-	-	16
0	33	HAJI DYN	55:49.6	55:02.4	55:04.7	49:11.8	53:58.7	53:32.2	51:23.5	48:55.1	54:15.9	52:56.8	53:25.3	53:49.9	55:25.7	57:42.4	-	-	-	-	-	14
0	32	WEN REN LEE	53:31.1	53:14.5	54:34.9	55:05.8	55:04.4	53:02.4	53:54.6	53:51.0	55:01.4	56:08.7	55:10.2	46:17.0	53:33.2	-	-	-	-	-	-	13
0	34	ADIZAM JALUDIN	54:24.8	54:32.7	52:31.5	54:28.6	52:47.1	52:09.6	54:23.5	43:52.2	52:55.9	55:26.9	54:21.0	55:18.6	59:45.6	-	-	-	-	-	-	13
0	10	WAFIY JUHARI	55:45.7	54:55.2	55:07.3	54:38.4	54:52.0	54:46.0	54:35.2	54:25.2	54:13.2	53:34.9	52:48.6	53:36.0	-	-	-	-	-	-	-	12
0	29	QAYYUM RAHIM	54:26.6	48:51.1	55:20.1	52:50.6	46:36.8	55:10.7	53:09.4	54:18.6	54:00.4	54:30.4	53:13.5	55:16.8	-	-	-	-	-	-	-	12
0	7	JUSTIN YONG	51:17.4	50:33.3	51:34.2	53:19.1	53:20.7	54:22.0	50:20.3	52:01.1	50:53.1	55:56.4	50:05.4	55:23.7	-	-	-	-	-	-	-	12
0	20	SYAZA EMRAN	53:43.1	53:21.4	52:40.4	51:47.9	53:44.2	51:57.8	54:16.8	53:37.1	54:38.5	55:29.1	56:18.5	57:07.2	-	-	-	-	-	-	-	12
0	36	AHMAD FATHI	54:18.1	54:16.0	47:50.6	48:27.6	48:01.1	47:56.2	51:21.2	50:37.9	53:16.5	54:02.4	53:37.7	-	-	-	-	-	-	-	-	11
0	19	AZEEMI ALISHAM	47:11.5	46:38.4	44:57.8	44:33.9	48:44.6	42:42.7	45:11.3	38:44.2	49:37.7	48:44.4	-	-	-	-	-	-	-	-	-	10
0	18	JAMHURI HJ IBRAHIM	53:25.1	53:19.4	52:34.5	51:53.2	50:56.8	49:38.5	48:50.1	48:42.4	54:06.4	-	-	-	-	-	-	-	-	-	-	9
0	11	MAZLI MASHADI	46:42.9	46:36.4	45:13.4	46:48.2	45:50.7	49:33.1	51:02.7	52:40.8	54:47.4	-	-	-	-	-	-	-	-	-	-	9
0	12	ALEA ABDULLAH	46:45.7	46:41.9	45:15.7	46:50.7	45:47.1	49:31.2	51:00.8	52:50.9	54:51.9	-	-	-	-	-	-	-	-	-	-	9
0	35	SHARINOL JON	55:24.4	53:59.1	55:32.6	55:26.0	55:01.5	55:28.9	54:42.7	55:44.6	57:17.2	-	-	-	-	-	-	-	-	-	-	9
0	24	ZAINAL AZIM	47:16.1	47:01.7	47:39.4	47:38.2	47:27.2	49:01.3	53:13.2	54:29.4	57:45.5	-	-	-	-	-	-	-	-	-	-	9
0	8	NOY ZAIN	53:23.3	52:49.8	52:21.1	51:40.8	50:35.2	50:58.2	54:45.4	55:37.9	-	-	-	-	-	-	-	-	-	-	-	8
0	5	AFIQUDDIN JEFFRIDDIN	50:55.7	50:49.4	54:21.6	54:59.5	55:11.2	50:03.8	51:05.0	-	-	-	-	-	-	-	-	-	-	-	-	7
0	30	JOHARDI JOHARI	45:54.9	43:23.2	40:54.3	41:07.9	46:24.1	53:42.9	-	-	-	-	-	-	-	-	-	-	-	-	-	6
0	25	SARAH LOW	51:19.8	54:07.7	54:57.7	55:28.4	54:42.8	56:41.9	-	-	-	-	-	-	-	-	-	-	-	-	-	6
0	13	AZRI DZULKEFLI	46:09.3	46:07.9	45:08.3	45:47.2	48:26.7	56:47.4	-	-	-	-	-	-	-	-	-	-	-	-	-	6
0	14	AMIRUL HAMDY	47:13.6	46:43.8	45:05.4	44:35.2	48:47.9	-	-	-	-	-	-	-	-	-	-	-	-	-	-	5
0	23	ALEXIRWAN OMAR	52:31.7	49:38.9	49:16.5	50:49.2	52:53.8	-	-	-	-	-	-	-	-	-	-	-	-	-	-	5
0	17	AZRUL AZMI	44:34.1	43:43.9	45:46.9	51:35.3	54:40.4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	5
0	6	NURMAIZAN MEZLAN	50:59.9	50:51.8	54:24.1	55:02.4	55:14.5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	5
0	9	HJ MD SHAZA	52:09.1	50:55.0	53:11.4	53:16.3	56:58.4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	5
0	2	BAHARUDIN HJ NORDIN	54:34.7	54:28.9	55:15.6	58:43.1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4
0	31	NOOR TANJONG	53:44.9	53:24.6	51:53.2	58:47.1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4
0	4	PG MD HAZIQ	50:37.5	48:54.8	49:45.1	58:59.0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4
0	3	FINDE HD	53:35.0	52:17.7	55:11.7	59:29.6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4
0	26	MD ABD FAIZ	49:41.0	48:41.3	50:18.7	59:46.3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4
0	22	MOHAMMAD JAYA	52:25.5	53:23.3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2
0	27	SYAZWANI YUSOF	53:51.3	54:40.7	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2
0	1	RADHI GUMIET	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0
0	15	WIRA TAMIMI	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0