

BRUNEI BACKYARD ULTRA

SECOND EDITION

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Have you heard of Backyard Ultra?

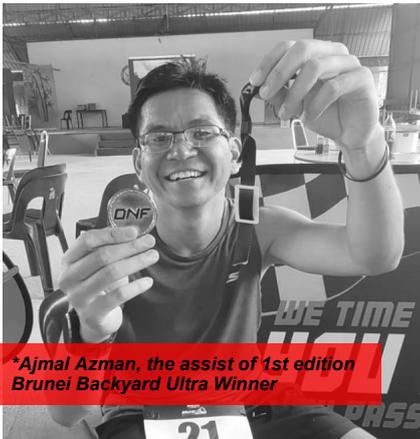
Backyard ultra is a form of ultramarathon race where competitors must consecutively run a distance of **6706 meters (4.167 miles)** in less than one hour. Any remaining time you have within the hour once the lap is complete is usually used to rest and refuel.



**Amirul Tuah, 1st Edition Brunei Backyard Ultra 19 laps record holder equivalent to 127.414km*

Why is it Unique?

This race is well known for its strict rules; **No Late Start**. Each loop starts precisely one hour. If you are not at the starting line at that hour, you are counted as **withdrawing**. Do not leave the course until every loop is completed. **No non-participants, personal aid (support crew) or artificial aid** such as **trekking poles** on the course. The winner is the last person to complete a loop. All others are technically **DNF**. If no runner can complete one more loop than anyone else, there is **no winner**.



**Ajmal Azman, the assist of 1st edition Brunei Backyard Ultra Winner*

What you need to know?

Please be aware of your own safety, and make sure your mandatory item work and are always carried. You need to know the **COT**. If you don't follow the rules set by Brunei Backyard Ultra, you will be **eliminated**. **Headlamps** or **Torch Light** are mandatory (During night loops).

Are you up for this challenge?

This year, the event will be held on Saturday night **August 26, 2023**, starting at **8:00 pm** until the **last person standing**. Race details such as race venue, race pack collection and briefing will be announced at a later date. Registration is open to **60 participants only**.

“Do we stop?”

The race will only be stopped if the **weather looks threatening** and when the **authorities say so**. This will also end the event without a **winner**.



**Participants from the 1st edition Brunei Backyard Ultra, This event was held in Mukim Labi*

for registration go to : www.passionku.com or www.backyardultra.com