

Organised by :



Race Program :



MEN HEAVYWEIGHT CATEGORY

PLACE	BIB	NAME	DISTANCE	CATEGORY	GENDER	TIME
1	B-11	Norifan Hj Ishak	5Km	Men Heavyweight	Male	42:10.6
2	B-09	Md Runizal Hj Wahab	5Km	Men Heavyweight	Male	43:38.7
3	B-07	Azizul Serbini	5Km	Men Heavyweight	Male	45:05.5
4	B-03	Muhd Wafiuddin Zakaria	5Km	Men Heavyweight	Male	46:21.8
5	B-04	Mohd Saidi Haji Ahmad	5Km	Men Heavyweight	Male	46:47.3
6	B-16	Hj Yahya Hj Berudin	5Km	Men Heavyweight	Male	47:03.4
7	B-13	Husaini Hj Tassim	5Km	Men Heavyweight	Male	48:36.4
8	B-10	Abd Azim Jaya	5Km	Men Heavyweight	Male	48:51.8
9	B-08	Muhd Amirul Hafiz Tahmid	5Km	Men Heavyweight	Male	49:40.7
10	B-06	Md Ajmal Ajwad Sudin	5Km	Men Heavyweight	Male	51:56.2
11	B-01	Awg Hamzah Hj Musa	5Km	Men Heavyweight	Male	55:29.7
12	B-05	Fuad Firdaus Omar	5Km	Men Heavyweight	Male	1:32:13.5

WOMEN HEAVYWEIGHT CATEGORY

PLACE	BIB	NAME	DISTANCE	CATEGORY	GENDER	TIME
1	B-37	Hjh Nor Asilah Hj Ismail	5Km	Women Heavyweight	Female	42:07.6
2	B-45	Hjh Salina Hj Jamaluddin	5Km	Women Heavyweight	Female	57:18.6
3	B-39	Atifah Othman	5Km	Women Heavyweight	Female	1:05:37.6
4	B-38	Dk Nor Azlinna Pg Damit	5Km	Women Heavyweight	Female	1:16:50.9

MEN VETERAN CATEGORY

PLACE	BIB	NAME	DISTANCE	CATEGORY	GENDER	TIME
1	B-26	Nordeen Hj Lamit	5Km	Men Veteran	Male	30:57.4
2	B-23	Hj Rosmady Hj Bangkul	5Km	Men Veteran	Male	32:06.6
3	B-17	Pg Jefridin Pg Hj Ismail	5Km	Men Veteran	Male	40:55.9
4	B-14	Junaidi Hj Abd Rahman	5Km	Men Veteran	Male	42:05.0
5	B-25	Mohammad Haji Jaya	5Km	Men Veteran	Male	44:32.2
6	B-12	Abd Aziz Hj Abd Karim	5Km	Men Veteran	Male	45:32.4
7	B-18	Julaihi Awg Othman	5Km	Men Veteran	Male	48:00.8
8	B-19	Shahrom Pasang	5Km	Men Veteran	Male	49:12.0
9	B-24	Abdul Ghani Abdul Rahaman	5Km	Men Veteran	Male	51:23.4
10	B-22	Bahrin Haji Kamis	5Km	Men Veteran	Male	52:04.3
11	B-15	Hj Zainul Asri	5Km	Men Veteran	Male	55:30.8
12	B-21	Hj Zulkarnain Pehin Khatib Hj Yussof	5Km	Men Veteran	Male	1:04:31.0
13	B-20	Haji Jamri Jaafar	5Km	Men Veteran	Male	1:05:09.3

WOMEN VETERAN CATEGORY

PLACE	BIB	NAME	DISTANCE	CATEGORY	GENDER	TIME
1	B-43	Hjh Azahrina Idris	5Km	Women Veteran	Female	50:21.6
2	B-40	Rasidah Hj Abd Ghani	5Km	Women Veteran	Female	53:19.7
3	B-42	Hasimah Zakaria	5Km	Women Veteran	Female	55:45.0
4	B-44	Nurliha Kalong	5Km	Women Veteran	Female	1:00:27.8
5	B-36	Saliha Binti Admin	5Km	Women Veteran	Female	1:07:42.0
6	B-41	Seydenline Sigil	5Km	Women Veteran	Female	1:07:56.8

MEN OPEN CATEGORY

PLACE	BIB	NAME	DISTANCE	CATEGORY	GENDER	TIME
1	B-31	Mohd Sufian Hj Lamudin	5Km	Men Open	Male	35:02.7
2	B-32	Muhd Zaim Kamis	5Km	Men Open	Male	36:24.4
3	B-30	Hj Sukaimi Hj Serudin	5Km	Men Open	Male	40:09.0
4	B-33	Hj Azizi Hj Mustamam	5Km	Men Open	Male	53:22.0
5	B-02	Hj Md Faeiz Hj Salleh	5Km	Men Open	Male	53:50.2
6	B-35	Arif Hj Raya	5Km	Men Open	Male	1:04:22.2
7	B-34	Aiman Hj Musa	5Km	Men Open	Male	1:06:34.3
8	B-27	Md Arif Abd Majid	5Km	Men Open	Male	1:16:56.8

9	B-29	Pg Joeffrin Pg Hj Jeludin	5Km	Men Open	Male	DNS
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WOMEN OPEN CATEGORY

PLACE	BIB	NAME	DISTANCE	CATEGORY	GENDER	TIME
1	B-47	Ida Ulfah Aminuddin	5Km	Women Open	Female	45:46.5
2	B-49	Haswati Hj Asli	5Km	Women Open	Female	54:04.0
3	B-48	Norlila Hj Ahmad	5Km	Women Open	Female	57:53.9
4	B-50	Nurhafiyah Abdullah	5Km	Women Open	Female	1:15:05.5
5	B-46	Siti Azlina Hj Awg Asli	5Km	Women Open	Female	DNS

SPORTMANSHIP AWARD ENTITLEMENT

PLACE	BIB	NAME	DISTANCE	CATEGORY	GENDER	TIME
1	B-28	Yohanes Ahhoon	5Km	Men Open	Male	26:04.9